

THE KENCREST DIFFERENCE

Personalized Support. Empowered Living.

- You choose where you live. We help you explore housing options—supporting your right to live in a home and community that fit your goals and preferences.
- Help finding the right place. Our Realtor partner assists with locating housing that's accessible, affordable, and aligned with your vision for independence.
- A team behind you. With a dedicated support team—including a Community Support Supervisor, Direct Support Professional (DSP), Program Manager, Clinical team, and specialists—we tailor services to what you need to thrive.
- Families welcome. Our program supports individuals who live independently with young children—because independence looks different for everyone.
- Tools that empower. We use Charting the LifeCourse and CQL Personal Outcome Measures to help you dream big, plan goals, and live your Everyday Life with purpose and joy.

OUR PROCESS

When KenCrest receives a referral from a county Supports Coordinator, we begin with an assessment of the person's current strengths and support needs across key areas of daily life that are important for living independently in the community. This process takes a multi-disciplinary approach, incorporating input from clinical staff, nursing, and enabling technology specialists to create a holistic understanding of each individual's goals and support strategies.

If there are areas where someone needs additional assistance, we work with them to put plans and resources in place that help build skills and promote greater independence over time.

CONTACT US

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www.kencrest.org



OUR MISSION STATEMENT

KenCrest supports community development by exploring possibilities, mobilizing resources, and empowering dreams.

SUPPORTED INDEPENDENT LIVING



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INDEPENDENCE GROWS HERE

KenCrest's Supported Independent Living Program is more than just a housing option—it's a pathway to greater autonomy, stability, and personal growth. Designed for individuals with intellectual or developmental disabilities and autism, this program supports people who are motivated to live independently and are working toward outcomes outlined in their Individual Support Plan (ISP).

We partner with individuals who are not only seeking a safe and affordable place to live, but who are also committed to developing the skills, habits, and connections that support successful community living. Our team assists with day-to-day needs such as budgeting, meal planning, navigating paperwork, and managing health-related tasks—always with the goal of building confidence and independence.

Each person receives tailored support based on their unique needs, goals, and vision for their life. From enabling technology to nursing consultation and clinical support, we equip participants with the tools and guidance to thrive in their chosen community and take the lead in shaping their own future.

GOALS WE SUPPORT

KenCrest's Supported Independent Living program is designed for people who want more than just a place to live—they're ready to grow in their independence with the support of a dedicated team.

Each person we support has individualized goals outlined in their Individual Support Plan (ISP), and we help them take real steps toward those outcomes by:

- Navigating systems like benefits, eligibility renewals (e.g., food stamps), mail, and other paperwork
- Managing daily responsibilities such as meal planning, shopping, home maintenance, and scheduling or attending medical appointments
- Enhancing wellness through access to nursing support and follow-up on healthcare needs
- Building independence using enabling technology tailored to individual strengths and needs
- Strengthening skills to support self-direction, personal accountability, and increased autonomy
- Creating community by fostering meaningful participation in neighborhoods, activities, and relationships

Our program supports individuals who want to live independently and value the structure and coaching that comes with that journey. While the program provides housing security, its purpose is not simply affordability—it's about pursuing a life of choice, dignity, and self-determination with the right support in place.

